



### **Consent Form and Disclosure Statement**

By signing below, I do hereby voluntarily consent to treatment with acupuncture, massage, moxibustion therapy, and/or substances from the Oriental Materia Medica by the acupuncturist at this clinic. I understand the acupuncturist is certified and licensed with the state of Vermont. I also understand acupuncturists practicing in the state of Vermont are not primary care providers. As such, I understand that this clinic requires that all patients have a primary care provider as part of a conjunctive treatment program and that all patients must provide medical records from this primary care provider upon request. At any time during the course of treatment, the patient is entitled to seek a second opinion from another health care provider. Additionally, the patient is entitled to terminate therapy at any time.

I understand that my case and data from this clinic may be used for the purpose of research to further the field of Traditional Chinese Medicine. However, in all cases, all of the information will be anonymous and held in the strictest confidence. All staff are held to strict confidentiality requirements.

I understand that acupuncture is performed by the insertion of needles through the skin or the application of heat to the skin (or both) at certain points on or near the surface of the body in the attempt to treat bodily dysfunction or diseases, to modify or prevent the perception of pain, and to normalize the body's physiological functions. The procedure has been fully explained to me.

I have been made aware that certain adverse side effects can result. These can include, but are not limited to: local bruising, minor bleeding, fainting, temporary pain or discomfort, and the possible temporary aggravation of symptoms existing prior to treatment. I understand that no guarantees concerning its use and effects are given to me and I am free to stop acupuncture treatment at any time.

I understand that the licensed acupuncture practitioner in this clinic may recommend substances from the Oriental Materia Medica in the attempt to treat bodily dysfunction or diseases, to modify or prevent the perception of pain, and to normalize the body's physiological functions. I understand that I am not required to take these substances, but I must follow the directions for administration and dosage should I decide to take them.

I have been made aware that certain adverse side effects may result from taking such substances. These could include, but are not limited to: change in bowel movement, temporary abdominal pain or discomfort, and the possible temporary aggravation of symptoms existing prior to herbal treatment. Should I experience any problems, which are associated with these substances, I should suspend taking them and call the clinic as soon as possible.

I understand that if I receive direct moxibustion as part of my therapy, there is a risk of burning or scarring. I understand that all moxibustion, both direct and indirect, requires the application of heat. I understand that if I am requested to perform indirect moxibustion on myself outside of the office, that I am liable for any injuries that can occur. I understand that I may refuse this therapy at any time.

All techniques and methods of treatment performed by Akhil Kumar Kaplan are in direct compliance with all rules and regulations set forth by the Vermont Department of Public Health. This includes, but is not limited to, proper cleaning and sterilization of needles, medical trays, and adjunctive equipment used in the practice of acupuncture as well as the sanitation of the acupuncture office.

Akhil Kumar Kaplan, MSOM, L.Ac., Dipl O.M., of Three Moons Wellness is at 859 Old County Rd., Mad River Valley Health Center – 2<sup>nd</sup> Floor, Waitsfield, VT 05673, Tel. 802-496-6600, received his Master’s Degree in Acupuncture and Oriental Medicine from Southwest Acupuncture College, in Boulder, CO. He finished a four-year program with three years of internships in the college clinic, private, and public clinics. In addition, he has attended numerous seminars by the top lecturers and scholars of Acupuncture and Oriental Medicine.

Akhil Kumar Kaplan is certified by the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM) for the practice of both Acupuncture and Chinese Herbology. Akhil is also licensed in acupuncture by the State of Vermont. Akhil has never had any licenses, registrations, or certificates suspended or revoked. Akhil has extensive training in the use of acupuncture, Chinese herbal preparations, moxibustion therapy, Chinese tuina massage therapy, Shiatsu, and Chinese dietary nutrition.

In the state of Vermont, Acupuncture is regulated by the Vermont Department of Regulatory Agencies. As set forth by the Agency, during the course of a professional relationship, sexual intimacy is never appropriate and should be immediately reported to the Director of the Division of Registrations. They may be contacted at:

Office of Professional Regulation  
National Life Bldg, North FL2  
Montpelier, VT 05620-3402.  
(802) 828-2191

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Patient’s Name (print)

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Patient’s Signature

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Date

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Authorized Facility Signature

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Date